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Can you freeze thaw and refreeze meat

Occasionally, frozen foods are partially or completely thawed due to delays in making them enter the freezer, an energy break or a change of plans to cook food. When is it safe to rethink the food? You can safely refresh the frozen food that has uneven ... raw or cooked, although there may be a loss of quality due to lost humidity through thawing. To calmly overturn, the thawed product must have been kept cold at 40 degrees or below for no more than 3-4 days. If the food is completely thawed, heated at room temperature or left out of the fridge for more than 2 hours, throw food out for safety. These principles apply to meat, poultry, crustaceans, some cooked vegetables and foods. Many vegetables are safe to retract us. However, they lose much of their texture, flavor and appearance even if the ice crystals are present in the package. You may want to cook the thorn vegetables and eat them immediately or add soup or stew "and freeze the soup to eat later. Fruit and fruit concentrates and fruit concentrates can be Refronzen if they have a good flavor and smell. Since fruits Thawing suffer from appearance, flavor and consistency from the refrigerant, you may want to make them in jam. You can easily refrigerate bread, cookies and similar baked items. However, the final product is likely to be a more dry and lower product. When Isn't it safe to rethink the food? If the food is completely thawed, heated at room temperature or left out of the fridge for more than 2 hours, throw food out for safety. These principles apply to meat, poultry, crustaceans , some cooked vegetables and foods. Do not raise ice cream and similar frozen desserts. You can cook and eat thawed mixtures but still cold mix of c IBO as casseroles, pot cakes, frozen dinners or pizzas but do not think back. Learn how to keep food safe during a power failure. How do I refrain the food? Put the à €

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