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## How hard is the teas exam

A test that significantly impacts your nursing school admission can be intimidating—but how hard is the ATI TEAS test, really? Despite its daunting reputation, the TEAS isn't as extremely difficult as it seems. Overcoming the challenges of the TEAS involves dedicating sufficient time to studying difficult areas and practicing confusing questions. Whether or not you initially find the TEAS hard, this guide will provide you with the tools to conquer the test's challenges and succeed. Is the TEAS test hard? An overviewThe ATI TEAS test can be daunting if you're unfamiliar with it, but it's far from unbeatable with proper preparation and understanding of the test format. Seventy-five percent of the questions on the TEAS are over concepts you likely saw in high school such as questions pertaining to reading comprehension, English grammar, basic algebra, geometry, and so on. The remaining 25% of the TEAS questions are over more advanced topics that would be seen in a college course such as human anatomy and physiology. We list out a comprehensive list of topics asked on the TEAS here. The main challenge lies in understanding the specific way questions are posed and recognizing that it's different from typical classroom tests. To overcome these challenges, practice the types of questions asked and become familiar with the test structure. According to the writers of the actual TEAS test, 40% of test takers failed the TEAS the first time they took it and 30% of applicants to nursing school were rejected due to their TEAS scores or a combination of other reasons. You can technically retake the TEAS as many times as you want, but most nursing schools limit the number of times you can retake the TEAS if you wanna be accepted to their programs. Each school has different rules on how many times they're ok with you retaking the TEAS so check with them to know the actual number. We normally hear around 2-3 times being the maximum number of times a nursing school is ok with you taking the TEAS. We encourage you to take the test seriously during your first attempt as you don't want to waste one of your chances of getting into nursing school with a careless low score. Compared to exams like the ACT/SAT, the TEAS focuses on science-related content you'll need for nursing school. Regardless of your past experience with standardized tests, effective studying can dramatically boost your chances of success. By taking the TEAS seriously from the beginning and implementing strategic preparation techniques, you can significantly improve your score. Remember, even if you don't reach your dream score on the first try, focus on the learning experience and the chance to improve on your retake. With dedication and effort, you can turn your dream of becoming a nurse into a reality! Don't fear the TEAS. Its content is within your grasp; success comes from practicing questions and correcting mistakes on practice tests. In the following sections, we'll explore factors that might affect the TEAS difficulty and provide tips to make it more manageable. Four factors that make the TEAS test difficultHere are the factors that contribute to the ATI TEAS test being challenging for many students. These include time constraints, complex scientific and mathematical concepts, difficult reading passages, and a high-stress environment. 1. Time PressureThe ATI TEAS is a timed test, just like the SAT and ACT were. Even if you're familiar with the material, feeling rushed can lead to careless errors and anxiety. For example in the Reading section of the TEAS, you will have 55 minutes to answer 45 questions. A great portion of the Reading questions involve reading passages before you are prepared to answer the question. So on average, you will have 1 minute and 13 seconds to answer each question. Again, practice makes perfect. We recommend you get your mind used to the feeling of reading passages over and answering questions over and over again. Above, we list out how many questions are in each section and how much time you have to answer each question if you don't want to run out of time. Go here if you want to see all the topics asked on the test. Tip: While studying for the test, get your mind used to doing practice questions under the pressure of the allotted time for each section of the test. Simulate real test-day experience with timed practice tests > 2. Too many topics to studyWhile the ATI TEAS is roughly 75% topics you likely encountered in high school courses, some concepts might be fuzzy after some time even if you had seen them before. The test may also delve into slightly more advanced areas like advanced algebra or specific lab procedures. If you're unsure about any of the scientific topics covered on the TEAS, brushing up on those areas before test day is crucial. The science section of the TEAS, for example, covers 50 many topics that sometimes it feels impossible to be familiar with all of them. To make you feel better, everybody else that has taken this test has thought the same thing. There are just too many topics covered on the test. We recommend you put in a lot of effort and see what you can get. You don't need to become an expert on every topic at all. You just need a basic understanding of all the topics, emphasis on the words "basic" and "all topics." Don't try to become an expert. It's an overkill and time you spend trying to become an expert in one topic, it is studying time you are taking away from another topic. Tip: Try to get a basic understanding of all topics, as opposed to an expert understanding of only a handful of all topics. 3. Math questions and formulasThe ATI TEAS covers a range of math topics, some of which may pose challenges for test-takers. Unlike some other exams, the TEAS doesn't always provide formulas within the Math section. So not only do you have to understand how to do the math, but some sometimes you also need to memorize the formula to solve the math problem e.g., the formula for the area of a circle, formula for perimeter of a triangle, etc. Keep in mind that unlike many other topics in science, memorization isn't good enough in math. In math, you have to UNDERSTAND how to solve problems. You can't just memorize the procedures. The math section of the test is one section where truly practice makes perfect. You can't just "wing it" or improvise in the math section. You need to know what you are supposed to do immediately after you read the question. Tip: Do as many math questions as you can as practice makes perfect. 4. Test anxietyThe ATI TEAS, like many standardized tests, can be stressful. The time constraints of answering numerous questions in a limited timeframe can trigger test anxiety. Not to mention the stress that comes before the test knowing all you have to study and the importance of this test on your future. The good news is, you can manage test anxiety for the TEAS. Taking practice tests under simulated testing conditions (including timing) can help you get comfortable with the pressure. Additionally, incorporating relaxation techniques like deep breathing, effective time management strategies, and positive self-talk during the exam can significantly reduce anxiety. Tip: Use the Pomodoro timing technique to help you study more efficiently and less painfully. Also, running and walking for 30 minutes are a great way to clear your mind and get you ready to study again. Tips to make the TEAS test easier for youFeeling overwhelmed by the ATI TEAS? Fear not! With the right approach, you can walk into test day feeling confident and prepared. 1. Take plenty of practice testsThe number one tip we can give you is to practice, practice, practice. At the end of the day, only practice tests simulate the real test experience. The real test experience is answering as many practice questions right as possible. There are many TEAS prep resources available. Many are free, many are paid. We invite you to check out TestBeach. In TestBeach, you get access to hundreds of practice questions with detailed solutions but more uniquely, you get access to a sophisticated analytics dashboard that looks at your answered questions and tells you where you're struggling and where you are strong. Make your TEAS prep more efficient with personalized test prep analytics. Unlock now > 2. Schedule Study TimeYou obviously need to study for the TEAS if you want to do well and get into nursing school. But how much should you study? The simple answer is as much as possible over a 1.5 month span. Anything longer than a month and a half, you start forgetting the stuff you learned in the beginning. It's better to study very aggressively over a 1.5 month span than it is to study less intensely over a 3 month span. However, this is not to be confused with cramming. Cramming the week before the exam will lead to a poor performance. We mean that you space out your study material and continuously test yourself as opposed to waiting until the last minute to study all in a few sittings. Look at your calendar and allocate five, 2-hour blocks every week. Every time you sit down to study, you should study for two hours or more. We think studying for at least two hours as opposed to just studying for five minutes is important because in a two-hour span, your mind will be fully engaged with the topic you are studying. You might have other obligations such as work, family, etc. Well, you are gonna have to make some sacrifices for 1.5 months for this test if you really wanna get into nursing school. It's only 1.5 months out of your entire life. Figure out how you can cut out other obligations in order to make time for TEAS studying. If you want to study for longer than 2 hours in one sitting, that is fine. Consider that time as bonus time. It doesn't hurt. However, allow your mind to rest a bit as well by performing activities away from the screen or away from music such as running, walking, or hiking. 3. Develop a study planHave an idea of how to tackle your studying with a study plan. You don't need to go crazy with the planning but you should have a list of topics you need to study that you will cross out as you study for the test. We wrote an article where we outline a study plan strategy you can follow to help you study for the TEAS. 4. Use TEAS prep audio books to squeeze in extra studyingIt's a bit of a cheat code but you can get a lot of studying done while you're busy by using TEAS audio lessons. Get some studying done while on your commute to school or work, while waiting, while anything. It can't hurt. Your browser does not support the audio element. Unlock more TEAS prep audio lessons > Reddit and its partners use cookies and similar technologies to provide you with a better experience. By accepting all cookies, you agree to our use of cookies to deliver and maintain our services and site, improve the quality of Reddit, personalize Reddit content and advertising, and measure the effectiveness of advertising. By rejecting non-essential cookies, Reddit may still use certain cookies to ensure the proper functionality of our platform. For more information, please see our Cookie Notice and our Privacy Policy. If you're an aspiring nursing student, you may have heard of the TEAS exam, but you may not know much about it. Many nursing programs require that you take the TEAS during your nursing school application process. The TEAS helps nursing schools weed out applicants and choose only the most competitive students. It is helpful to take the TEAS, even if your school does not require it, to be a more competitive applicant. Scoring well on the TEAS is especially important if you have a lower GPA. So what is the TEAS exam? What is TEAS? TEAS (Test of Essential Academic Skills) is a standardized test used to judge how ready you are to start a nursing program. Taking and passing the TEAS is a requirement of most nursing schools. The TEAS exam, also known as the ATI TEAS test, was developed by the Assessment Technology Institute (ATI) and tests your knowledge of core college subjects, such as math, reading, and science. What is on the TEAS test? Thankfully, the TEAS test is similar to most of the standardized tests you've already taken in your previous schooling. Most of what you need to know to pass the TEAS are subjects you already covered in high school. The test has 170 questions divided into four sections: Reading Tests your ability to read and comprehend passages, charts, labels, directions, and measurements. 64 minutes long. Science Tests your knowledge of physical, life, and earth sciences. This section also tests your scientific reasoning ability and your understanding of the human body. 63 minutes long. English and Language Usage Tests your knowledge of spelling, grammar, punctuation, sentence structure, and context. 28 minutes long. Math Tests your ability to solve math problems and measure and interpret data. 64 minutes long. The TEAS is difficult? If you're the type who struggles to perform well on standardized tests, you may find the TEAS challenging. Others find the sheer breadth of the subjects to be overwhelming. Many test takers have found the Reading and English section to be moderately difficult. However, many TEAS takers vouch that the Science and Math section are more complex and challenging. The timed nature of the exam can be difficult for some. You have a set time to complete each section of the exam, and you cannot go back to change your answers. If you've been in the workforce and out of school for years, you may not remember a lot of the material covered. Overall, the TEAS test is difficult because nursing school is difficult. The test allows nursing schools to select students who have the best chance of successfully practicing. Nursing school is hard. The TEAS exam is one of the first steps on the way of becoming a healthcare-related professional. 40% of students take the TEAS test more than once. Not taking the time to review the subjects properly is one of the biggest mistakes you can make. Get a high score on the ATI Teas on your first attempt. See how Achieve can help. How do I prepare for the TEAS test?acing the TEAS exam takes preparation. If you can, try to study for the TEAS test early—as soon as you start thinking about nursing school. Even if you're not ready to apply to nursing school, studying in advance for the TEAS test can help you get familiar with the content. Taking a test prep course is another way to prepare. These courses are designed to give students confidence and knowledge they need to pass exams successfully. A TEAS test prep course would cover everything you need to know while getting you into a test-taking mindset. Achieve Test Prep's ATI Tests Review supports your TEAS exam success. Our TEAS test prep includes: 21 hours of live, BSN instructor-led teaching (7 classes over seven weeks) 100s of TEAS® exam-style practice questions 10 hours of review videos 50 Flashcards and a variety of additional study materials Our guarantee that you'll score 80% or better on the exam—or you can retake our course for free\* Register for the test at least two weeks in advance. You may have to meet registration prerequisites (which may include completed coursework). You can register with your school and choose a time and date, or you can register on the ATI website (atitesting.com). Go farther with Achieve! These TEAS tips will help you on your journey into the nursing field. The preparation techniques outlined here will also help you pass other nursing exams, including the NCLEX—the exam at the end of your nursing program. Ready to apply for nursing school? Get the best score possible on the TEAS exam. Achieve Test Prep offers the flexibility of attending from anywhere and still get live, instructor-led classes! See how we can help. Do you want to be a nurse? Then you'll need to take the TEAS test. In this article, we'll cover what the TEAS exam is, who takes the TEAS test, and give you a mini TEAS study guide so you're ready to pass your test. What is the TEAS Test? TEAS stands for Test of Essential Academic Skills. The TEAS test is a standardized test used to determine whether you're ready to enroll in a healthcare-related program. Your TEAS score is one part of your application for nursing school. Who Takes the TEAS Test? People who take the TEAS test are preparing to apply for nursing school or another health-care related program. The TEAS exam is a standardized test, but it's not ubiquitously required at all nursing programs. Like the SAT or ACT, individual nursing programs can choose whether or not they require candidates to submit TEAS scores. Some nursing programs require TEAS test scores, while others require scores from the NET, HESI, or just SAT or ACT scores. Typically, undergraduate programs require the TEAS test, while associate's programs just require your GPA. That being said, you should confirm your program of choice's requirements before applying. Applying to nursing school can be extremely competitive, so having a high TEAS score can help you appear more attractive as an applicant. A high TEAS score, combined with great recommendations and a solid GPA, will make your nursing school application stand out to an admissions committee. TEAS Exam Format and Scoring The TEAS exam has four components outlined in the chart below. Subject Number of Questions Time Allotted Content Tested Reading 53 64 Areas assessed include key ideas and details, craft and structure, and integration of knowledge and ideas. Mathematics 36 54 Areas assessed include numbers, algebra and data interpretation and measurement. Science 53 63 Areas assessed include human anatomy and physiology, life and physical sciences, and scientific reasoning. English Language 28 28 Areas assessed include conventions of Standard English, knowledge of language and vocabulary acquisition. Total Exam 170 questions 216 minutes When you take the TEAS exam, you'll receive a Total Score, Content Area scores (Reading, Math, Science, and English) and Sub-Content Area Scores (such as Key Ideas, Details, Craft, and Structure). Each score type ranges from 0 to 100%, but all are calculated differently. Your Total Score (also referred to as your Composite Score) is your main TEAS exam score. Your Composite Score is what most programs will look at to determine eligibility. You'll typically need to score at least 70% on your Composite, or Total, Score to be a competitive candidate at most nursing programs. Some schools also look specifically at your Reading Comprehension Content Area score. Every school has different admission requirements, though, so it's best to check to see what they are before applying. Is the TEAS Test Hard? Just like the SAT or ACT, the TEAS exam tests material that you should have learned during high school. You're not expected to know any advanced or college-level material. That being said, some people do find the TEAS test difficult. Some people struggle with standardized tests in general, so they have a hard time taking the TEAS exam. Others struggle because the TEAS exam covers a wide variety of topics, from reading to math. The TEAS exam is designed to be rigorous because nursing school is rigorous. The difficulty of the test allows nursing schools to assess whether or not you're prepared for their program. While the concepts it tests might be simple, the questions themselves vary in difficulty. TEAS Study Guide: Sample Questions There are many resources to help you prepare for the TEAS Exam. Check out our article on TEAS practice tests to learn more. Below, you can find sample questions for each of the sections of the TEAS Exam. TEAS Study Guide: Sample Reading Question Answer the question that follows. Are you looking for a way to give back to your community, but don't know where to start? One of the best ways you can invest in the future of your community is by helping to better educate our youngsters. Schools are under-funded, and even talented teachers are beset with the growing pressure of helping students without enough resources. With our group-funding program, you can go online and look through thousands of teacher programs that are looking for funding. These programs were designed by teachers who know what they need to help their students succeed. Very rarely do you get the chance to donate money and know exactly where your money is going. Donate today and help change the lives of a classroom of students in your community. Which of the following is a unique benefit of this group-funding program? A. The donation is tax-deductible. B. Your donation helps others. C. You can know where your money goes. d. You can help train new teachers. Answer: C TEAS Study Guide: Sample Math Question Simplify the expression below. Which of the following is correct? 5,344 - 57 A. 5,277 B. 5,283 C. 5,287 D. 5,288 Answer: C TEAS Study Guide: Sample Science Question An unknown element is found to contain 45 protons and an atomic mass of 64, what is its atomic number? A. It cannot be determined B. 19 C. 45 D. 64 Answer: C TEAS Study Guide: Sample English Language & Usage Question Which sentence is written correctly? A. Since the professor was excessively boring, many of his students fell asleep. B. Since the professor was excessively boring, many of his students fell asleep. C. Since the professor was excessively boring, many of his students fell asleep. D. Since the professor was, excessively boring, many of his students fell asleep. Answer: B How Do You Register for the TEAS Test? Here's what you should know before you get ready to register for the TEAS exam and choose your TEAS test dates: The application deadline for the nursing programs you're applying to The score you need on your TEAS exam to apply The last date you can submit your TEAS scores to your programs The location where you want to take your TEAS test. Once you have that information, you're ready to register. Here are the steps you should follow to register: Go to the ATI website and create an account. Follow the registration prompts to complete your registration. Once you've successfully registered, you'll receive a confirmation email confirming the date and time of your exam. Typically, it takes between 48-72 hours to receive your TEAS scores. That means you need to register for a test that's at least three days before your scores are due to your application sites. What TEAS Score Do You Need for Nursing School? There is no standard score for passing the TEAS: the score you need for nursing school will depend on the school you're applying to and how competitive of an applicant you want to be. Your TEAS exam score will be used in conjunction with the other parts of your application to see if you'd be a good fit for the program. That being said, some nursing programs have minimum TEAS score requirements that you can find on the program's website or by calling the admissions office. These minimum passing scores do not guarantee you admission, but they ensure that the admissions committee will consider your application. Here are some examples of minimum score requirements for the TEAS exam: Some schools don't have a minimum score requirement but still require you to submit your TEAS scores as part of your application. You shouldn't take that to mean you can have a low score on your TEAS exam. You should always aim to have the highest possible TEAS score. TEAS Test: Final Thoughts The TEAS test is a standardized test taken by candidates for nursing school. Your TEAS total score helps determine whether or not you're a competitive candidate for acceptance to a nursing program. What's Next? Taking a practice test is a great way to get ready for a standardized test. Our in-depth guide to TEAS practice exams tells you where to find the best TEAS practice tests. Thinking about possibly going into healthcare administration? Find out what degrees you need for different careers in healthcare administration here. Learn more about SAT Subject Tests. Taking (and acing!) Chemistry or Biology would look great on a nursing application ... and in some cases might even be required! Reddit and its partners use cookies and similar technologies to provide you with a better experience. By accepting all cookies, you agree to our use of cookies to deliver and maintain our services and site, improve the quality of Reddit, personalize Reddit content and advertising, and measure the effectiveness of advertising. By rejecting non-essential cookies, Reddit may still use certain cookies to ensure the proper functionality of our platform. For more information, please see our Cookie Notice and our Privacy Policy.